Hello and welcome!

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Psychology Education Office
International Office Coordinator / Study Adviser
Poll question 1

Who are you? What year are you in?
Study Abroad: Why, What & When?

Erasmus+ & the Global Exchange Programme

Where to start?

Choosing your destination

How to Apply?
Why would you go abroad?

- **Career Perspectives**
- **Personal Growth**
- **Broaden / Enrich studying**
- **Language**
- **Academic System**
- **Culture**

buitenland.uva.nl | studyabroad.uva.nl
What are the options?

- **Europe**
  - Erasmus programme
- **Outside of Europe** (UvA wide)
  - Global Exchange programme
- **Summer School**
  - Ex: Global Short Term Programme
- **Outside the exchange programme**
  - Free mover (study) or research/internship
- **Study Abroad after your BA/MA**
  - MA / PhD
What is: the Erasmus+ Exchange Programme?

- Within Europe
- Faculty specific exchange
- 1 March deadline
- Erasmus+ scholarship
What is: the Global Exchange Programme?

• Outside of Europe
• Broader, university wide agreements
  – Some restrictions apply!
• 1 December deadline
• Language test mandatory
• Potentially more competitive
  – Don’t get discouraged!
Advantages of exchange programmes

• UvA and the partner university start the procedures
• Financial (funds)
• Status of an exchange student has benefits

> Outside of the exchange programmes: YOU will have to arrange everything yourself
When to go abroad?

- Fall 2021
- Spring 2022 (Preferred: Spring semester to fill 3rd year Optional Course profile of the Psychology programme!)
- Full Year 2021-2022
- Summer 2021
Poll question 2

What programme are you interested in?
Where to start?

Research
- Timeline
- Where
- When
- Courses
- Costs
- Entry Requirements

Choose
- Compare destinations

Apply
- Differences
- Deadlines
- Procedures
Research: Timeline

Orientation
- Study Abroad Fair (that's now! ✓)
- World Map
- Testimonials
- Courses

Application
- Deadlines
- Submit application UvA

Nomination
- Attend training sessions
- Submit application at partner university

Acceptance
- Attend pre-departure meeting
- Arrange housing, insurance, tickets, etc.

Alumni
- Ambassador programme

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Semester 2 (Spring 21-22)

October
- Study Abroad Fair (that’s now! ✓)
- World Map
- Testimonials
- Courses

December (GEP)
March ‘21 (Erasmus)
- Deadlines
- Submit application UvA

September / October ‘21 (GEP and Erasmus)
- Attend training sessions
- Submit application at partner university

December ‘21 (GEP and Erasmus)
- Attend pre-departure meeting
- Arrange housing, insurance, tickets, etc.

September ‘22
- Ambassador programme

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Research: Your destination

- www.uva.nl/worldmap
  - Study level
  - Study areas
  - Academic calendar
  - Credit system
  - Language of instruction
  - Accommodation
  - Costs
  - Important websites
  - Extra info

photo by Carlijn Freutel
World Map

https://www.wereldkaart-uva.nl
Research: Choices

• Within or outside of Europa?
• Which country or university?
• Would I like to specialise or broaden?
• What is my budget?
• Which languages do I speak?
• Which language would I like to learn?
• Student Testimonials
Research

• When to go?

• Choosing courses
  - minor and/or electives
  - courses in or outside your study programme
    • Talk to your Study Adviser!

• Costs
  - UvA tuition
  - accommodation, groceries, leisure
  - travel, visa, local transport, insurance
  - study materials

• Benefits
  - no foreign tuition (waiver)
  - Erasmus (within EU)
  - OV compensation
  - Other funds & scholarships

photo by Michael van Amstel
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Research: entry requirements

University of Amsterdam entry requirements
• Registered at the UvA as a full time student
• Completed one/two years of higher education (120 ECTS)
  • (Academic Approval Form)

Host university requirements
• GPA
• Prerequisites
## Apply

### Differences per programme (Erasmus+ / Global)

- Destinations / programme
- Number of choices
- Application systems

### Deadlines

- **Global Exchange round 1**: 1 December 2020
- **Global Exchange round 2**: 15 January 2021
- **Erasmus Exchange**: 1 March 2021
- **Global Short Term**: 1 March 2021
- **Erasmus Exchange (Sem 2 only)**: 15 June 2021
- **Global (extra round)**: 15 June 2021
Contact

• **International Office Psychology**
  - Erasmus+ options
  - Planning your programme
  - Acknowledgement of credits
  - Academic approval
  - Possible scholarships

• **Office of International Student Affairs (BIS)**
  - Global exchange and short term options
  - Practical matters, host university specific questions
  - Information meetings and training sessions

buitenland.uva.nl | studyabroad.uva.nl
Contact

International Office Psychology
Sarah Plunkett, available Mon, Tue & Thurs
• studyadviser-psy-fmg@uva.nl
• Possible to set up a phone/zoom meeting
• Very limited possibilities to set up an on campus meeting

Office of International Student Affairs (BIS)
• EN: https://studyabroad.uva.nl > Contact
• NL: https://buitenland.uva.nl > Contact
Help needed with generic questions?

Central Student Service Desk

uva.nl/cssd
Information sessions this week

Closing Event today
- Sat 7 October, 14:00 – 14:45
- Off the beaten track: discover options for the internationalization in covid-times and beyond
- https://uva-live.zoom.us/j/95734040832 (copy in chat)

Events next week
- Full Master’s Programme Abroad
  - Monday 5 October, 13:00 - 13:45
- Going Abroad: Scholarships and Funding
  - Monday 5 October, 17:00 - 18:00
- (Research) Internships Abroad
  - Tuesday 6 October 16:00 - 16:45
- Study Abroad & Digital World Map
  - Tuesday 6 October 17:00 - 17:45
- Study Abroad with Global Exchange Programme
  - Thursday 8 October 17:00 - 17:45

See https://studyabroad.uva.nl for complete programme and registration
For Psychology Master’s students

**Wednesday 14 October, 11:00 – 12:00**

Announced on Canvas of your master’s track

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**Going abroad for your internship / thesis?**

Practical information session for Master's students wanting to go abroad.

Wednesday 14 October, 11:00-12:00, online in Zoom
Finally: Mentimeter question

Go to www.menti.com and use the code 27 11 59 7

What is your overall opinion about this session?

- Strongly disagree
- Informative
- Inspiring
- Strongly agree
Psychology - Study Abroad

THANK YOU FOR YOUR ATTENTION!

Any final questions?